



## Medication Assisted Treatment Orientation Info. Sheet Brixadi

### GENERAL INFORMATION

- Westbrook's Medical Services' hours of operation are Monday through Thursday, 8:00 a.m.– 5:00 p.m., and Friday, 8:00 a.m.– 3 p.m. The phone number is (304) 485-1721, ext. 163 for medication questions and ext. 875 for appointment questions.
- The Crisis Hotline is available 24/7 at (304) 485-1721 or 1-800-579-5844 in an emergent situation.
- All employees involved in your MAT program are mandated reporters. This means that if a staff member suspects any type of abuse, they will file reports with Child Protective Services, Adult Protected Services, or other appropriate agencies.
- A physical and biopsychosocial assessment will occur during an initial appointment with the physician/extender to develop an individualized treatment plan or strategy.

### PROGRAM REQUIREMENTS

#### Phases of Treatment

- Phase 1:** Members in Phase 1 (less than 12 months of compliance with treatment) will attend at least four (4) hours of professional therapeutic services per month. The four hours must contain a **minimum** of one (1) hour individual therapy session per month. The frequency of therapeutic services may increase based on medical necessity and/or noncompliance.
  - Phase 2:** Members in Phase 2 (12 months or more of compliance with treatment) will attend a minimum of (2) hours of professional therapeutic services per month, individual, family, or group. The two hours must contain a **minimum** of one (1) hour of individual professional therapy sessions per month. The frequency of therapeutic services may increase based on medical necessity and/or noncompliance. A single instance of noncompliance during Phase 2 may result in a return to Phase 1.
- **Drug Screens:** A **minimum** of two (2) random urine drug screens per month are required for members in Phase 1. A minimum of one (1) random urine drug screen per month is required for members in Phase 2.

## SUBSTANCE USE DISORDER AND MEDICATION ASSISTED TREATMENT

### **Alternatives to Medication Assisted Treatment Include:**

- Addiction Counseling
- Residential Detox and Crisis Stabilization
- Residential Treatment Programs
- Intensive Outpatient Treatment
- Prevention Services
- Self-help groups: 12-Step Support Groups, SMART Recovery, NA, AA, etc.
- Peer Support
- Sober Living Environment

### **Benefits and Goals of Medication Assisted Treatment:**

- The combination of therapies with medication is used to treat the “whole person.”
- Stabilize brain chemicals and body functions that have been altered from substance use and abuse.
- Block the euphoric effects of alcohol and opioids
- Relieve physiological cravings
- Achieve recovery
- Encourage a healthy lifestyle

### **Medical risks associated with Medication Detoxification:**

- Nausea and vomiting
  - Muscle/body aches
  - Insomnia or drowsiness
  - Indigestion
  - Anxiety, depression, and irritability
  - Craving
  - Fever or chills
  - Sweating
  - Headache
  - Difficulty concentrating
- ❖ **Symptoms can vary in severity and duration, depending on how long the user has taken Brixadi and its dosage.**
- ❖ **Risks above are increased in pregnant women. Additional risks to the child include: Restricted fetal growth, separation of the placenta from the uterine wall before delivery, premature labor, low birth weight, and miscarriage.**

### **The Nature of Substance Use Disorder:**

- Substance use disorder is a treatable disorder
- Addiction can be managed
- The chronic nature of this disorder means that relapse is a possibility, but treatments are designed to help with relapse
- Chronic substance use disorder can have grave medical, physical, and social consequences when left untreated.

## **SIGNS OF AN OVERDOSE AND HOW TO RESPOND**

### **Signed and Symptoms of Overdose:**

- Not waking up or not responding to voice or touch
- Skin is pale, gray, and clammy
- Lips and fingernails turning blue or purple
- Breathing is very slow, irregular, or has stopped
- Slow heartbeat or low blood pressure
- Pinpoint pupil (the center circle of the eye is very small)

### **What you should do in the event of an overdose:**

- Call 911 first!
- Shake the person's shoulders and in a loud, clear voice, call their name and ask if they are OK.
- If they do not respond, perform a sternal rub by making a fist and firmly rubbing the center of their breastbone with your knuckles. This hurts and tests for unconsciousness in patients who do not respond to sound.
- Give Naloxone according to the package instructions

## **SERVICES OFFERED AND CHARGES FOR SERVICES**

<b>Service Description</b>	<b>Rate</b>	<b>Unit of Service</b>
Psychiatric Diagnostic Evaluation with Med Service	\$128.80	Event
Evaluation and Mgmt. – Moderate	\$32.12	Event
Evaluation and Mgmt. – Complex	\$53.79	Event
Targeted Case Management	\$14.35	15 min
Service Planning	\$19.98	15 min
Service Planning – Licensed oversight	\$36.00	15 min
Individual Supportive Counseling	\$16.92	15 min
Group Supportive Counseling	\$4.80	15 min
Individual Professional Counseling	\$30.84	15 min
Group Professional Counseling	\$6.60	15 min

